SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no long	er subiect to
Section 16. Form 4 or Fo	
obligations may continue	. See
Instruction 1(b).	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPR	OVAL
OMB Number:	3235-0287
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hours per response.	0.5

			or Section 30(n) of the investment Company Act of 1940			
1	dress of Reporting	Person [*]	2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP [COF		ationship of Reporting Po < all applicable)	erson(s) to Issuer
MORRIS N	NIGEL W		1	X	Director	10% Owner
,			1	x	Officer (give title below)	Other (specify below)
(Last) 1680 CAPITA	(First) AL ONE DRIVE	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 10/13/2003		Vice Chai	,
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	vidual or Joint/Group Fili	ng (Check Applicable
MCLEAN	VA	22102		X	Form filed by One Re	porting Person
(City)	(State)	(Zip)	—		Form filed by More th Person	an One Reporting

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of 5)	Acquirec f (D) (Instr	l (A) or . 3, 4 and	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock ⁽¹⁾	10/13/2003(2)		S		300	D	\$62.89	41,268	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		5,000	D	\$62.9	36,268	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		1,200	D	\$62.92	35,068	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		1,100	D	\$62.93	33,968	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		100	D	\$62.94	33,868	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		400	D	\$62.95	33,468	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		600	D	\$62.96	32,868	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		2,000	D	\$62.97	30,868	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		7,600	D	\$62.98	23,268	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		6,300	D	\$62.99	16,968	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		8,100	D	\$ <mark>6</mark> 3	8,868	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		100	D	\$63.01	8,768	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		100	D	\$63.03	8,668	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		900	D	\$63.04	7,768	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		2,000	D	\$63.05	5,768	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		400	D	\$63.07	5,368	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		200	D	\$63.08	5,168	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		400	D	\$63.1	4,768	D	
Common Stock ⁽¹⁾	10/13/2003 ⁽²⁾		S		2,100	D	\$63.15	2,668	D	
Common Stock ⁽¹⁾	10/13/2003(2)		S		800	D	\$63.16	1,868	D	
Common Stock								107,502	I	By Fairbank Morris Inc.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

		Ta	ble II - Deriva (e.g., p					ired, Disp options, o	onvertib		or i	y Owned			
1. Title of	2.	3. Transaction	3A. Deemed	Code		(6A)Nu	m (10:) r	ExDectisEbler			aSollodares	8. Price of	9. Number of	10.	11. Nature
Esectantation		e (% Ionth/Day/Year)	Execution Date, if any .(Month/Day/Year) dmg plan entered inter-	Transa Code (8) o by the	Instr.		ative rities	Expiration D (Month/Day/) August 6, 2003	(ear)	Amour Securit Underl Deriva	ties	Derivative Security (Instr. 5) Ider the Secu	derivative Securities Beneficially rities Exchange A Owned	Ownership Form: Direct (D) or Indirect	Beneficial Ownership
	C Selcu dity iting		lerivative transactions				n a sing osed) r. 3, 4		Form 4 is a c	or Siecuri t and 4) 	tyn (tristre 3° o 	rm 4 filed for (<u>POA on</u>	t Following ate list Reported Transaction(s) (Instr. 4)	e (i) a (iostr. 4)	
Reminder [.] F	enort on a se	narate line for eacl	class of securities	henefir	ially o	wheel r	lirectly	or indirectly	<u>Fil</u> ** :		e of Repor	ing Person			
* If the form ** Intentiona	is filed by mor I misstatemer	e than one reporti ts or omissions of	g person, see Insti acts constitute Fec hich must be manu	uction 4 eral Cri	(b)(v) minal \	liolatio	ns Se	e 18 U.S.C. 10	001 and 15 L Expiration	.S.C. 78	Amount or of of				

Note: File three copies of this Form, one of which must be manually along the state of the state