FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

3

OMB APPROVAL									
OMB Number:	3235-0287								
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* KLANE LARRY A (Last) (First) (Middle) 1680 CAPITAL ONE DRIVE (Street)					3. D 12/	Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP [COF] Just of Earliest Transaction (Month/Day/Year) 12/22/2006 4. If Amendment, Date of Original Filed (Month/Day/Year)									X X	Offic below	olicable) ctor er (give title w) , Global Fin	10% Owne		owner (specify es
MCLEAI (City)			22102 Zip)		-										X	X Form filed by One Reporting Person Form filed by More than One Reportin Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Trans Date (Month/					2A. Deeme Execution if any (Month/Da			3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)				4 and Se		. Amount of ecurities eneficially wned Following		ership Direct ndirect tr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							Code	v	Amount	(A (1	A) or O)	Price		Reported Transaction(s) (Instr. 3 and 4)				(111501.4)		
Common Stock ⁽¹⁾					22/2006				S		1,065	D \$7		\$77	7.53	41,887			D	
Common Stock																4,963			I	By Spouse
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, or Exercise (Month/Day/Year) if any				4. Transaction Code (Instr. 8)		ı of I		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			Deri	rice of vative urity ir. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ow For Dir or I (I) (10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v			Date Exercisal	Date E Exercisable D		or Number of Title Shares		nber							

Explanation of Responses:

1. This transaction was executed pursuant to a trading plan entered into by the Reporting Person on October 26, 2006 in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.

/s/ Frank R. Borchert (POA on file) for Larry A. Klane

12/22/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.