FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar Hall Sh (Last) 1680 CA	CA COI	Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF] 3. Date of Earliest Transaction (Month/Day/Year) 02/15/2023									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Chief Risk Officer				wner					
(Street) MCLEA (City)		ate) (Z	2102 Zip)		_						f Original Filed (Month/Day/Year)					lividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivat 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/					on 2A. Deemed Execution Date,		ate,	3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			or 5. Amo and Securi Benefi		ount of ties	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
				(Code	v	Amount	(A) or (D)	Pric	e e	Report Transa	eported ansaction(s) nstr. 3 and 4)			(Instr. 4)				
Common	02/15/2023				F ⁽¹⁾		1,094	D	\$1	14.63	79	,570		D						
Common Stock 02/					2023				F ⁽²⁾		1,089	D	\$1	14.63	78	8,481		D		
Common Stock 02/15/					023				F ⁽³⁾		1,087	D	\$1	14.63	7	7,394		D		
Common Stock														94				By Spouse		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed tion Date, n/Day/Year)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		vative rities iired r osed)	6. Date Expirat (Month	tion D		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		De See (In:	erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction ((Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code			(A) (D)		Date Exercisable		Expiration Date	Title Share		<u>. </u>						

Explanation of Responses:

- 1. Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 30, 2020. This is authorized in the applicable restricted stock award agreement.
- 2. Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 4, 2021. This is authorized in the applicable restricted stock award agreement.
- 3. Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 3, 2022. This is authorized in the applicable restricted stock award agreement.

Remarks:

/s/ Cleo Belmonte (POA on

02/16/2023

file)

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.