Instruction 1(b)

## FORM 5

Form 3 Holdings Reported.

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	
		_00.0	

## ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0362									
Estimated average burden										
hours per response:	1.0									

Form 4 Tr	ransactions R	eported.	File	ed pursuant to or Sectior					ities Excha ompany Ad								
1. Name and Address of Reporting Person*  SCHNALL PETER A  (Last) (First) (Middle)  1680 CAPITAL ONE DRIVE				2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP [ COF ]  3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2005						COF	5. Relationship of Reporting F (Check all applicable) Director X Officer (give title below) Executive Vice				10% Othe belo	Owner er (specify w)	
(Street) MCLEAN (City)	LEAN VA 22102									Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person							
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.					or Disposed	Securiti Benefic		ies Ov		ership n: Direct	7. Nature of Indirect Beneficial Ownership	
								Amour	nt	(A) or (D) Price		Issuer's		s Fiscal Ind		rect (I) r. 4)	(Instr. 4)
Common Stock			12/12/2005	G		ř	2,	391	D	\$84.34		61,726 <sup>(1)</sup>			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
Derivative C Security C (Instr. 3) F	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	of Deriv Secu Acqu (A) o Dispo	vative (Mont urities uired or loosed b) (7, 3, 4, 5)		e Expiration  e Expiration  e Date		Amount of Securities Underlying Derivative Security (Instr. and 4)		De Se (In	Price of erivative ecurity estr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	s Illy	10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)

## Explanation of Responses:

 $1. \ Includes \ 144 \ shares \ acquired \ by \ the \ reporting \ person \ under \ the \ Company's \ Associate \ Stock \ Purchase \ Plan.$ 

By: Frederick L. Williams (POA on file) for 02/14/2006

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.