#### FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  FAIRBANK RICHARD D						2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP [ COF ]								ck all application	able)	`	on(s) to Issuer  10% Owner	
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 01/30/2020							7	X Officer (give title below) Other (spec below)  Chairman, CEO and President				
(Street)  MCLEAN VA 22102  (City) (State) (Zip)					4.	4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person											ı	
Table I - Non-Deriva  1. Title of Security (Instr. 3)  2. Transacti Date (Month/Day)					saction	ion 2A. Deemed Execution Date,			3. 4. Securiti Disposed Code (Instr.		4. Securities	of, or Beneficially s Acquired (A) or f (D) (Instr. 3, 4 and 5)		5. Amour Securitie Beneficia Owned F	5. Amount of Securities Beneficially Owned Following		ect irect l)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D)	Price	Reported Transacti (Instr. 3 a	ion(s)			(Instr. 4)
Common Stock 02/15/20					5/2020	020		М		20,057	A	<b>\$0</b> <sup>(1)</sup>	3,430	6,410	D			
Common Stock 02/15/20					5/2020	020		D		20,057	D	\$102.03(	3,410	6,353	D			
			Table II								posed of, o			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemo Execution if any (Month/Da	Date,	4. Transa Code ( 8)		of E		6. Date Exercisi Expiration Date (Month/Day/Yea		е	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Fo ly Dir or (I)	mership rm: ect (D) Indirect (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisa	ble	Expiration Date	Title	Amount or Number of Shares					
2018 Restricted Stock Units <sup>(2)</sup>	\$0.0 <sup>(3)</sup>	01/30/2020			M <sup>(3)</sup>			325	02/15/20	021	02/15/2021	Common Stock	325	\$0	23,147	7	D	
Restricted Stock Units <sup>(2)(4)</sup>	\$0.0 <sup>(5)</sup>	01/30/2020			M <sup>(5)</sup>			298	02/15/20	022	02/15/2022	Commor Stock	298	\$0	21,417	, D		
2017 Restricted Stock Units <sup>(2)</sup>	\$0.0 <sup>(1)</sup>	02/15/2020			M			20,057	02/15/202	20 <sup>(6)</sup>	02/15/2020 <sup>(6)</sup>	Commor Stock	20,057	\$0 <sup>(1)</sup>	0		D	

### **Explanation of Responses:**

- 1. On February 15, 2020, the restricted stock units were settled in cash based on the Company's average fair market value of shares of common stock over the fifteen trading days preceding the vesting date.
- 2. Reflects the correction to a withholding of shares previously reported on February 3, 2020 that, due to an administrative reporting error, inadvertently misstated the number of shares withheld automatically to satisfy the reporting person's tax liability.
- 3. Represents the automatic withholding of restricted stock units granted in February 2018 which settled in cash based on fair market value on January 30, 2020, the date on which vesting was accelerated to satisfy the reporting person's tax liability. This is authorized in the applicable restricted stock unit award agreement.
- 4. Represents restricted stock units granted for performance year 2019.
- 5. Represents the automatic withholding of restricted stock units granted in January 2019 which settled in cash based on fair market value on January 30, 2020, the date on which vesting was accelerated to satisfy the reporting person's tax liability. This is authorized in the applicable restricted stock unit award agreement.
- 6. The restricted stock units vested in full on February 15, 2020.

# Remarks:

Cleo Belmonte (POA on file) 02/19/2020

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.