Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT	OF	CHANG	ES IN	BENEFI	CIAL	OWNE	RSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Borgmann Kevin S.					CAPITAL ONE FINANCIAL CORP [COF]								ck all app Direc Office	tionship of Reporting all applicable) Director Officer (give title below)		10% Ovolution (s) to Is 10% Ovolution (s) to Is	wner		
(Last) 1680 CA	(Fii PITAL ON	,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/15/2022									Senior Advisor to the CEO				
(Street) MCLEA (City)			2102 Zip)		4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)					6. Ind Line)	Form Form	ridual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Table	I - No	n-Deriva	tive S	Secu	rities	Acc	uired	, Dis	posed of	, or E	Bene	ficiall	y Own	ed			
					2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			5. Amo Securit Benefic Owned Report	ties cially Following	Forn (D) (n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) o (D)	r Pr	ice	Transa	ed ction(s) 3 and 4)			(Instr. 4)
Common	Common Stock 02/15/2		022	!2		F ⁽¹⁾		1,338	D	\$	158.89	52	52,844		D				
Common Stock 02/15/2			022	22		F ⁽²⁾		1,238	D	\$	158.89	5:	51,606		D				
Common Stock 02			02/15/2	022			F ⁽³⁾		1,474	D	\$	158.89	50,132			D			
		Tal	ole II -								osed of, convertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	nversion Date Exercise (Month/Day/Year) Execution Date, if any Code (Instr. execution Date, if any Code (Instr. (Month/Day/Year) 8) Securivative			rities uired r osed) r. 3, 4	6. Date Exercisable ar Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		De Se (Ir	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y C F D O (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	Amor or Num of Share	ber					

Explanation of Responses:

- 1. Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 31, 2019. This is authorized in the applicable restricted stock award agreement.
- 2. Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 30, 2020. This is authorized in the applicable restricted stock award agreement.
- 3. Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 4, 2021. This is authorized in the applicable restricted stock award agreement.

Remarks:

/s/ Cleo Belmonte (POA on

02/17/2022

file)

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.