FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FAIRBANK RICHARD D					2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) 1680 CA	(Fi PITAL ON	rst) E DRIVE	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 06/17/2004									X	belo	,	Other (specify below) O and President	
(Street) MCLEAI (City)		A tate)	22102 (Zip)		4. If A	mend	ment,	Date of	Original	Filed	(Month/Da	ay/Ye	ear)		3. Indiv _ine) X	Forn	n filed by One n filed by Mor	Filing (Check of Filing Per re than One Re	son
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount		(A) or (D)	Price		Transa	action(s) 3 and 4)		(
Common	Stock ⁽¹⁾			06/17/2	2004 ⁽²⁾				S		3,200		D	\$7	1.83	7.	32,148	D	
Common	Stock ⁽¹⁾			06/17/2	2004(2)				S		300		D	\$7	1.84	7.	31,848	D	
Common Stock ⁽¹⁾		06/17/2004 ⁽²⁾					S		600		D	\$71.96		731,248		D			
Common Stock ⁽¹⁾			06/17/2004 ⁽²⁾					S		2,400		D	\$71.97		728,848		D		
Common Stock ⁽¹⁾		06/17/2004 ⁽²⁾					S		5,000		D	\$71.99		723,848		D			
Common Stock ⁽¹⁾		06/17/2004 ⁽²⁾					S		8,200		D	\$72		715,648		D			
Common	Stock ⁽¹⁾			06/17/2	2004 ⁽²⁾				S		1,700		D	\$72	2.01	7	13,948	D	
Common	Stock ⁽¹⁾			06/17/2	2004(2)				S		300		D	\$72	2.04	7	13,648	D	
Common	Stock ⁽¹⁾			06/17/2	2004(2)				S		1,800		D	\$7	2.1	7	11,848	D	
Common	Stock															1	07,502	I	By Fairbank Morris Inc.
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Instr. 3) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)		ned n Date,	4. Transaction Code (Instr. 8)		5. Number 6		• •		able and	7. Title and Amount of Securities Underlying Derivative Security (Inst and 4)		str. 3	8. Pi Deri Sec	rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(: (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
	of Boomer						Date Exercisal	Expiration Date		Titl	or Nun of	nber res							

Explanation of Responses:

- 1. This transaction was executed pursuant to a trading plan entered into by the Reporting Person on May 14, 2004 in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- 2. Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

Remarks:

By: Polly A. Nyquist (POA on File)

06/21/2004

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.