FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Alexander Robert M.					2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF									5. Relationship of Repor (Check all applicable) Director V Officer (give title			10% (
(Last) 1680 CA	3. Date of Earliest Transaction (Month/Day/Year) 03/11/2021									X Officer (give title Officer (specify below) Chief Information Officer										
(Street) MCLEAN VA 22102 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(5)		(Zip)	n-Deriva	tive S	Secu	rities	Acc	nuirec	I. Die	sposed of	or F	Renefic	ially O	wn	ed ee				
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date,		3. Transaction Code (Instr. 8)		4. Securities Ac		ed (A) or	5. Ar Secu Bend Own	5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	mount (A) or Pric		Tran	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common	Common Stock ⁽¹⁾			03/11/20				A		12,496	Α	\$0		79,180		D				
Common	Stock			03/11/20	021				F ⁽²⁾		5,636	D	\$132	2.1	73,544 D					
Common	Stock														2 I Alex				Robert M. Alexander UGMA	
Common	Stock										100				00	I		The Alexander Fund		
		Та	ble II								osed of, convertib				nec	i				
1. Title of Derivative Security (Instr. 3)	L. Title of Derivative Conversion Date Security Or Exercise (Month/Day/Year) 3A. Deemed Execution Date, if any				4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Expira (Mont	tion D		7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownersh Form: Direct (D or Indirec (I) (Instr.	Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exerc	isable	Expiration Date	Title	Amount or Number of Shares	per						

Explanation of Responses:

- 1. These shares were earned pursuant to an award of performance shares granted on February 1, 2018 based on the Company's Common Dividends + Growth of Tangible Book Value per Share and Adjusted ROTCE against a peer group of companies over a three-year performance period. These shares represent the number of shares paid out based on actual performance plus the dividend shares accrued under the same grant.
- 2. These shares were automatically withheld by the Company to satisfy the reporting person's tax obligation associated with the settlement of the performance shares. This share withholding was authorized in the performance share award agreement.

Remarks:

/s/ Cleo Belmonte (POA on

03/15/2021

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.