FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
- 1	hours por rosponso:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FAIRBANK RICHARD D (Last) (First) (Middle) 1680 CAPITAL ONE DRIVE					_ <u>C.</u>]	2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF 3. Date of Earliest Transaction (Month/Day/Year) 08/02/2022									all applic Directo Officer below)	able) r (give title	•	10% Ov Other (s below)	vner	
(Street) MCLEA (City)			22102 (Zip)		4.1	If Amer	ndme	nt, Date o	of Origir	nal File	ed (Month/Da	ay/Year)		Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
Date						Execution Date, r) if any		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a			5. Amour Securitie Beneficia Owned F		es ally	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	: Direct r Indirect	7. Nature of Indirect Beneficial Ownership		
						(Month/Day/Year)		Code	v	Amount	(A) or (D)	Price	_	Reported Transaction(s) (Instr. 3 and 4)		(1) (1115(1.4)		(Instr. 4)		
Common Stock ⁽¹⁾			08/02/	2022	2		M		12,538	A	\$56.3	2 3,771		71,401		D				
Common Stock ⁽¹⁾ 08/02			08/02/	2022	022			S		8,193	D	\$107.9	3,76		53,208		D			
Common Stock ⁽¹⁾ 08/02				2022			S	4,345 D \$108.64 ⁰		4 ⁽³⁾	3,758,863			D						
Common Stock ⁽¹⁾ 08/03/20					2022	022		M		12,538	A	\$56.3	32 3,771		71,401		D			
Common Stock ⁽¹⁾ 08/03/2					2022	022			S		11,057	D	\$108.3	.3 ⁽⁴⁾ 3,760		50,344		D		
Common Stock ⁽¹⁾ 08/03/20					2022	022		S		1,481	D	\$108.8	2 ⁽⁵⁾	3,758,863			D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	th/Day/Year) Execution	med on Date,	4. Transa Code (8)	action	5. Number of		6. Date Exerci Expiration Da (Month/Day/Y		cisable and	7. Title an of Securit Underlyin Derivative (Instr. 3 an	d Amount ies g Security	8. Price of Derivative Security (Instr. 5)		9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershi Form: ly Direct (D) or Indirec (I) (Instr. 4	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares							
Stock Options ⁽¹⁾	\$56.32	08/02/2022			M	М		12,538	2,538 02/10/2016 01/30/2023		01/30/2023	Common Stock	12,538	2,538 \$0		238,219		D		
Stock Options ⁽¹⁾	\$56.32	08/03/2022			M			12,538	02/10/2	2016	01/30/2023	Common Stock	12,538		\$0 225,68		1	D		

Explanation of Responses:

- 1. This transaction was executed pursuant to a trading plan entered into by the reporting person on February 9, 2022, in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934, as amended.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$107.42 to \$108.39. Information regarding the number of shares sold at each price will be provided upon request.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$108.44 to \$108.84. Information regarding the number of shares sold at each price will be provided upon request.
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$107.78 to \$108.68. Information regarding the number of shares sold at each price will be provided upon request.
- 5. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$108.79 to \$108.95. Information regarding the number of shares sold at each price will be provided upon request.

Remarks:

/s/ Cleo Belmonte (POA on file)

08/04/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.