FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APP	ROVAL
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							( )				-	, ,									
1. Name and Address of Reporting Person*  KLANE LARRY A						2. Issuer Name <b>and</b> Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP [ COF ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
					٦											Directo			10% O		
(Loot)	(5	irot\	(Middle)		3. 1	3. Date of Earliest Transaction (Month/Day/Year)										below)	(give title		Other (s	specify	
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE						12/15/2003										Ex	ecutive \	/ice P	resident		
(Street)					4.1	If Ame	endment, I	Date	of Ori	iginal File	ed (I	Month/Day	//Year)		6. Inc Line)	lividual or J	oint/Group	Filing	(Check Ap	plicable	
MCLEA	N V	A	22102												X	- , , ,			Ü	,	
(City)	(S	tate)	(Zip)		-										Form filed by More than One Reporting Person						
		Tal	ble I - Nor	ı-Deri	vativ	e Se	curitie	s Ac	cqui	red, Di	sp	osed of	f, or Be	nefi	cially	Owned					
1. Title of Security (Instr. 3)  2. Transa Date (Month/D						Execution Da			9,   1	Transaction Disposed Code (Instr. 5)		ies Acquir Of (D) (In:			5. Amour Securitie Beneficia Owned F	s ally ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									0	Code V		Amount	(A) c	or P	rice	Reported Transact (Instr. 3 a	ion(s)			(Instr. 4)	
Common Stock <sup>(1)</sup> 12/15.					15/200	/2003				A		19,850 A		\$ <mark>0</mark>	45,	45,273		D			
			Table II - I									sed of, onvertib				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Datif any (Month/Day/Ye	ate,	Code (Insti				6. Date Exercisal Expiration Date (Month/Day/Year			of Securiti		ties ng e Security		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exer	e rcisable		xpiration ate	Title	or Nu of	nount mber ares						
Employee Stock Option (Right to	\$56.27	12/15/2003			A		40,200		12/1	5/2004 <sup>(2)</sup>	13	2/15/2013	Common Stock	40	,200	\$0	40,20	0	D		

## **Explanation of Responses:**

- 1. This grant of resticted stock will vest in the following manner: 25% will vest on December 15, 2004, 25% will vest on December 15, 2006 and 50% will vest on December 15, 2006.
- $2. \ This \ option \ becomes \ exercisable \ in \ 33\ 1/3\% \ increments \ beginning \ on \ December \ 15, \ 2004 \ and \ annually \ from \ that \ date \ thereafter.$

## Remarks:

<u>By: Jean K. Traub (POA on File)</u> <u>12/17/2003</u>

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

The undersigned hereby constitutes and appoints John G. Finneran, Jr., Frank R. Borchert, III, Jean K. Traub and Gary L. Perlin, and each of them, as the true and lawful attorneys-in-fact (with full power of substitution and revocation in each) to:

- (1) execute, for and on behalf of the undersigned, any and all statements and reports required or permitted to be filed by the undersigned, in any and all capacities, under Section 16(a) of the Securities Exchange Act of 1934, as amended, and the rules promulgated thereunder (the "Act") with respect to the beneficial ownership of the securities of Capital One Financial Corporation (the "Company"), including without limitation Forms 3, 4 and 5;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such statements and reports and file such statements and reports, with all amendments, supplements and exhibits thereto, with the Securities and Exchange Commission, the New York Stock Exchange and/or any other stock exchange or any similar authority and to deliver copies thereof to the Company; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in his or her discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully as the undersigned could do if personally present, with full power of substitution or revocation, and hereby ratifies and confirms all that such attorneys-in-fact shall lawfully do or cause to be done by virtue of this Power of Attorney. The undersigned acknowledges that the foregoing attorneys-in-fact, acting in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Act.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file statements or reports under Section 16(a) of the Act with respect to holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 15th day of September, 2003.

/s/ Larry A. Klane

ACKNOWLEDGEMENT FOR POWER OF ATTORNEY

STATE OF VIRGINIA ) ) ss.

The foregoing instrument was acknowledged before me this 15th day of September, 2003, by Larry A. Klane.

/s/ Joy S. Morgan Notary Public

(SEAL)

My commission expires May 31, 2007.