FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FAIRBANK RICHARD D						2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP [COF									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) 1680 CA	(Fi PITAL ON	rst) E DRIVE	(Middle)				of Earlies 2007	st Trans	action (M	onth/[Day/Year)				helo	Officer (give title below) Chairman, CEO and President			
(Street)	N VA	A	22102		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(St	ate)	(Zip)																
		Ta	able I - No	n-Deri\	/ative	Se	curitie	es Acc	quired,	Dis	posed o	f, or	Bene	ficial	ly Own	ed			
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		ar)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)					Secur Benef Owne	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
									Code	v	Amount	(<i>t</i>	A) or D)	Price	Trans	action(s) 3 and 4)		(
Common Stock ⁽¹⁾⁽²⁾				07/10	0/2007	7			S		100		D	\$77.0	7 2,2	208,438	D		
Common	Stock ⁽¹⁾			07/10	0/2007	7			S		300		D	\$77.1	.1 2,7	208,138	D		
Common	Stock ⁽¹⁾			07/10	0/2007	, [S		100		D	\$77.1	.6 2,2	208,038	D		
Common	Stock ⁽¹⁾			07/10	0/2007	7			S		100		D	\$77.1	.8 2,2	207,938	D		
Common	Stock ⁽¹⁾			07/10	0/2007	,			S		100		D	\$77.1	.9 2,2	207,838	D		
Common	Stock ⁽¹⁾			07/10	0/2007	7			S		100		D	\$77.2	1 2,2	207,738	D		
Common	Stock ⁽¹⁾			07/10	0/2007	7			S		100		D	\$77.2	2,2	207,638	D		
Common	Stock ⁽¹⁾			07/10	0/2007	7			S		200		D	\$77.2	.5 2,2	207,438	D		
Common	Stock ⁽¹⁾			07/10	0/2007	7			S		200		D	\$77.2	9 2,2	207,238	D		
Common	Stock ⁽¹⁾			07/10	0/2007	7			S		100		D	\$77.3	34 2,2	207,138	D		
Common	Stock ⁽¹⁾			07/10	0/2007	7			S		200		D	\$77.3	5 2,2	206,938	D		
Common	Stock ⁽¹⁾			07/10	0/2007	7			S		100		D	\$77.3	6 2,2	206,838	D		
Common	Stock ⁽¹⁾			07/10	0/2007	7			S		100		D	\$77.3	8 2,2	206,738	D		
Common	Stock ⁽¹⁾			07/10	0/2007	7			S		100		D	\$77.4	3 2,2	206,638	D		
Common Stock ⁽¹⁾ 07,				07/10	0/2007	7			S		100		D	\$77.5	5 2,2	206,538	D		
Common Stock ⁽¹⁾ 07/			07/10	0/2007	,			S	s 100 D		\$77.5	4 2,206,438		D					
Common Stock ⁽¹⁾ 07/1			0/2007	7			s 100			D	\$77.5	66 2,2	206,338	D					
Common Stock ⁽¹⁾ 07/10			0/2007	7			S	s 300			D	\$77.5	8 2,2	206,038	D				
Common Stock ⁽¹⁾ 07/			07/10	0/2007				S		100		D	\$77.7	6 2,2	205,938	D			
Common Stock													1	07,502	I	By Fairbank Morris			
			Table II -								sed of, onvertib				Owned				
1. Title of Derivative Conversion or Exercise Price of Derivative Security Security 1. Title of Derivative Conversion or Exercise Price of Derivative Security 3. Transaction Date Execution if any (Month/Day/Year) (Month/Day		ned n Date,	4. Transaction		5. Number 6		6. Date E Expiratio	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		B. Price of Derivative Security Instr. 5)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amo or Num of Shar	ber						

- 1. This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- 2. Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

/s/ Tangela S. Richter (POA) on file for Richard D. Fairbank 07/11/200

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.