FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington,	D.C. 20549	

UIVID APPRI	JVAL					
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Killalea Peter Thomas					2. Issuer Name <b>and</b> Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF									ationship of Reportical applicable) Director		10% O		wner	
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 05/04/2023										Officer (give title below)		Other (speci below)	
(Street) MCLEAN VA 22102						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi Line) X	· ·				
, WICLEA	IN VA		2102												Form filed by More than One Reporting Person				orting
(City)	(Sta	ate) (Z	<u>Z</u> ip)		Rule 10b5-1(c) Transaction Indication														
Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.											nded to								
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da					Execution Date,		3. Transaction Code (Instr. 8)  4. Securities Acquire Disposed Of (D) (Instr. 5)		uired (A Instr. 3,	or 4 and			Form (D) o	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	(A) (D)	or Pr	ce	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Common Stock <sup>(1)</sup> 05/				05/04/	2023			A		2,453	Α	1	\$0		17,120		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	vative   Conversion   Date   Execution Date, irity   or Exercise   (Month/Day/Year)   if any   Code (Ins		Transa Code (	Transaction of Code (Instr. Derivat		rative rities pired r osed )	6. Date Exercisable a Expiration Date (Month/Day/Year)		te	7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		8. Price Derivating Security (Instr. 5)			Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Ownership Form:	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
			v	(A)	(D)			Expiration Date	Title	Amour or Number of Shares	r								

## **Explanation of Responses:**

1. Restricted stock units which vest in their entirety on May 4, 2024 and settle in shares of the Company's common stock upon termination of service as a director. The reporting person will also be entitled to additional shares representing dividends accrued on the shares issuable at settlement.

## Remarks:

/s/ Cleo Belmonte (POA on

05/08/2023

file)

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.