FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

			or Section 30(n) of the investment Company Act of 1940							
	ress of Reporting Pe		2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
FAIRDAINE	K RICHARD I	<u>U</u>	1	X	Director	10% Owner				
(Loot) (First) (Middle)		(Middle)		X	Officer (give title below)	Other (specify below)				
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 05/15/2007		Chairman, CEO a	,				
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)						
MCLEAN	VA	22102		X	Form filed by One Reporting Person					
(City)	(State)	(Zip)	-		Form filed by More the Person	an One Reporting				

(City)		(Zip) le I - Non-Derivative S	ecurities Aca	uired	Die	nosed of	or Ren	eficially	Owned		
1. Title of Security		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed O 5)	s Acquired f (D) (Instr	(A) or	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock ⁽¹⁾)(2)	05/15/2007		S		100	D	\$77.14	2,211,856	D	
Common Stock(1))	05/15/2007		S		100	D	\$77.15	2,211,756	D	
Common Stock ⁽¹⁾)	05/15/2007		S		200	D	\$77.16	2,211,556	D	
Common Stock ⁽¹⁾)	05/15/2007		S		100	D	\$77.17	2,211,456	D	
Common Stock ⁽¹⁾)	05/15/2007		S		100	D	\$77.2	2,211,356	D	
Common Stock ⁽¹⁾)	05/15/2007		S		100	D	\$77.21	2,211,256	D	
Common Stock ⁽¹⁾)	05/15/2007		S		200	D	\$77.22	2,211,056	D	
Common Stock ⁽¹⁾)	05/15/2007		S		300	D	\$77.23	2,210,756	D	
Common Stock ⁽¹⁾)	05/15/2007		S		200	D	\$77.24	2,210,556	D	
Common Stock(1))	05/15/2007		S		200	D	\$77.25	2,210,356	D	
Common Stock(1))	05/15/2007		S		100	D	\$77.26	2,210,256	D	
Common Stock(1))	05/15/2007		S		300	D	\$77.27	2,209,956	D	
Common Stock ⁽¹⁾)	05/15/2007		S		300	D	\$77.28	2,209,656	D	
Common Stock ⁽¹⁾)	05/15/2007		S		100	D	\$77.29	2,209,556	D	
Common Stock ⁽¹⁾)	05/15/2007		S		400	D	\$77.3	2,209,156	D	
Common Stock(1))	05/15/2007		S		100	D	\$77.31	2,209,056	D	
Common Stock(1))	05/15/2007		S		100	D	\$77.32	2,208,956	D	
Common Stock(1))	05/15/2007		S		100	D	\$77.34	2,208,856	D	
Common Stock ⁽¹⁾)	05/15/2007		S		100	D	\$77.37	2,208,756	D	
Common Stock ⁽¹⁾)	05/15/2007		S		200	D	\$77.39	2,208,556	D	
Common Stock ⁽¹⁾)	05/15/2007		S		100	D	\$77.4	2,208,456	D	
Common Stock(1))	05/15/2007		S		100	D	\$77.41	2,208,356	D	
Common Stock ⁽¹⁾)	05/15/2007		S		100	D	\$77.43	2,208,256	D	
Common Stock ⁽¹⁾)	05/15/2007		S		100	D	\$77.44	2,208,156	D	
Common Stock ⁽¹⁾)	05/15/2007		S		100	D	\$77.45	2,208,056	D	
Common Stock ⁽¹⁾)	05/15/2007		S		200	D	\$77.46	2,207,856	D	
Common Stock ⁽¹⁾)	05/15/2007		S		100	D	\$77.48	2,207,756	D	
Common Stock ⁽¹⁾)	05/15/2007		S		400	D	\$77.51	2,207,356	D	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)					ate //onth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)					Secui Benet Owne	icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	le V Amount		(A) or (D) Price		Price	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)
Common Stock															1	07,502	I	By Fairbank Morris
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	med A. Transaction of Code (Instr. Derivative			rative rities ired r osed)	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		S (I	Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
		Code V (A) (D)			Date Exercisal		Expiration Date	Title	or	ount nber ures								

Explanation of Responses:

- 1. This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- 2. Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

<u>/s/ Tangela S. Ricther (POA)</u> on file for Richard D. Fairbank

05/16/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.