FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

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UNIB APPRO	JVAL					
OMB Number:	3235-0287					
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hours per response:	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Blinde Neal					2. Issuer Name and Ticker or Trading Symbol  CAPITAL ONE FINANCIAL CORP  COF									Chec	tionship of Reporti all applicable) Director Officer (give title		10% C		
(Last) 1680 CA	(Fir	,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/01/2024								X	below)  President, Com			below)	·
(Street)  MCLEA	N VA	. 2	22102		4. If Amendment, Date of Original Filed (Month/Day/Year)								i. Indi ine) X	Form	or Joint/Group Filing (Check Applicable  In filed by One Reporting Person  In filed by More than One Reporting  In filed by More than One Reporting				
(City)	(St		Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.																
			I - NO			tive Securities Acquired, Disposed											1		
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da					Execut ny/Year) if any		cution Date,				es Acquired (A Of (D) (Instr. 3,			5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) o (D)	r Pric	e	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock <sup>(1)</sup> 02/01/				/2024			A		10,533 A		1	<mark>0</mark>	114,890			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed on Date, (Day/Year)	Transaction Code (Instr. 8)		of	r osed (1. 3, 4	6. Date Expirati (Month/	ion Da	ear) Securities Underlyin, Derivative Security (I 3 and 4)  Am or Nui Expiration Of		t of ies ying ive y (Instr. )  Amount or Number	Dei Sec (Ins	Price of rivative curity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

## **Explanation of Responses:**

1. This restricted stock unit award will vest in 1/3 increments beginning on February 15, 2025 and annually thereafter. Each restricted stock unit represents a contingent right to receive one share of Company common stock.

## Remarks:

/s/ Jason S. Frank (POA on

02/04/2024

file)

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.