FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 20549

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(n) of the investment Company Act of 1940				
	ess of Reporting Pers		2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF		ationship of Reporting Per all applicable)	rson(s) to Issuer	
FAIRDAIN	RICHARD D		1	X	Director	10% Owner	
(Loot)	(First)	(Middle)	1	X	Officer (give title below)	Other (specify below)	
(Last) 1680 CAPITA	(First) L ONE DRIVE	(Midule)	3. Date of Earliest Transaction (Month/Day/Year) 05/25/2007		Chairman, CEO an	,	
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv	vidual or Joint/Group Filing (Check Applicable		
MCLEAN	VA	22102		X	Form filed by One Rep	orting Person	
(City)	(State)	(Zip)			Form filed by More tha Person	n One Reporting	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)					5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Common Stock ⁽¹⁾⁽²⁾	05/25/2007		S		300	D	\$78.58	2,212,795	D			
Common Stock ⁽¹⁾	05/25/2007		S		200	D	\$78.59	2,212,595	D			
Common Stock ⁽¹⁾	05/25/2007		S		1,000	D	\$78.6	2,211,595	D			
Common Stock ⁽¹⁾	05/25/2007		S		300	D	\$78.61	2,211,295	D			
Common Stock ⁽¹⁾	05/25/2007		S		100	D	\$78.62	2,211,195	D			
Common Stock ⁽¹⁾	05/25/2007		S		200	D	\$78.63	2,210,995	D			
Common Stock ⁽¹⁾	05/25/2007		S		100	D	\$78.64	2,210,895	D			
Common Stock ⁽¹⁾	05/25/2007		S		500	D	\$78.65	2,210,395	D			
Common Stock ⁽¹⁾	05/25/2007		S		500	D	\$78.66	2,209,895	D			
Common Stock ⁽¹⁾	05/25/2007		S		400	D	\$78.67	2,209,495	D			
Common Stock ⁽¹⁾	05/25/2007		S		500	D	\$78.68	2,208,995	D			
Common Stock ⁽¹⁾	05/25/2007		S		100	D	\$78.69	2,208,895	D			
Common Stock ⁽¹⁾	05/25/2007		S		200	D	\$78.7	2,208,695	D			
Common Stock ⁽¹⁾	05/25/2007		S		300	D	\$78.71	2,208,395	D			
Common Stock ⁽¹⁾	05/25/2007		S		400	D	\$78.72	2,207,995	D			
Common Stock ⁽¹⁾	05/25/2007		S		300	D	\$78.73	2,207,695	D			
Common Stock ⁽¹⁾	05/25/2007		S		200	D	\$78.74	2,207,495	D			
Common Stock ⁽¹⁾	05/25/2007		S		100	D	\$78.75	2,207,395	D			
Common Stock ⁽¹⁾	05/25/2007		S		300	D	\$78.76	2,207,095	D			
Common Stock ⁽¹⁾	05/25/2007		S		200	D	\$78.78	2,206,895	D			
Common Stock ⁽¹⁾	05/25/2007		S		300	D	\$78.79	2,206,595	D			
Common Stock ⁽¹⁾	05/25/2007		S		200	D	\$78.84	2,206,395	D			
Common Stock ⁽¹⁾	05/25/2007		S		139	D	\$78.88	2,206,256	D			
Common Stock								107,502	I	By Fairbank Morris		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Ta Date (Month/Day/Year)	Iffe PremBerival Execution Date, if any (e.g., p (Month/Day/Year)	tive S Transa USue (4 -8)	ecuri	tiesu of Secur Acqu (A) or Dispo of (D) (Instr	rities ired osed . 3, 4	ifeditesies Expiration da Opphialdsylv	jskurot, ate anvertib	Underly Derivat	ying	y Soving etal Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
											Amount				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Eeele (8)		5. Nu of Deriv Secu		6. Date Exerc Expiration Da Exertly Day!	texpiration	Amoun	or ਕੰਪਿਊmber t _ਉ f ⁱ Shares ving	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially	10. Ownership Form: Direct (D)	11. Nature of Indirect Beneficial Ownership
Explanation 1. This transa	BFIXESIVENS Security ction was exec	es: uted pursuant to a tra	ding plan entered into	'	Reporti	Acqu (A) or	ired Seen F	ebruary 1, 200	7, in accordan	Derivat Securit Candita)		under the Se	Owned Following Cureborted hange	or Indirect (I) (Instr. 4) Act of 1934, a	(Instr. 4) as amended.
			erivative transactions				h a sing . 3, 4		Form 4 is a co	ntinuatio	on of the Fo		Transaction(s) (Instr. 4)	ed above.	
			class of securities				irectly (D)	o Pate irectly. Exercisable				D. Fairba		<u> </u>	

 $^{^{\}star\star} \ \text{Intentional misstatements or omissions of facts constitute Federal Criminal Violations} \ See\ 18\ \text{U.S.C.}\ 1001\ \text{and}\ 15\ \text{U.S.C.}\ 78 \text{ff(a)}.$

 $Note: File \ three\ copies\ of\ this\ Form,\ one\ of\ which\ must\ be\ manually\ signed.\ If\ space\ is\ insufficient,\ see\ Instruction\ 6\ for\ procedure.$

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