UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

February 14, 2011 Date of Report (Date of earliest event reported)

CAPITAL ONE FINANCIAL CORPORATION

(Exact name of registrant as specified in its chapter)

Delaware (State or other jurisdiction of incorporation) 1-13300 (Commission File Number)

1680 Capital One Drive, McLean, Virginia (Address of principal executive offices)

22102 (Zip Code) 54-1719854

(IRS Employer Identification No.)

Registrant's telephone number, including area code: (703) 720-1000

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01 Regulation FD Disclosure.

The Company hereby furnishes the information in Exhibit 99.1 hereto, Monthly Charge-off and Delinquency Statistics — As of and for the month ended January 31, 2011.

Note: Information in this report (including the exhibit) furnished pursuant to Item 7.01 shall not be deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934 or otherwise subject to the liabilities of that section. This report will not be deemed an admission as to the materiality of any information in the report that is required to be disclosed solely by Regulation FD. Furthermore, the information provided in Exhibit 99.1 shall not be deemed to be incorporated by reference into the filings of the Company under the Securities Act of 1933.

Item 9.01 Financial Statements and Exhibits.

(c) Exhibits

Exhibit	Description
99.1	Monthly Charge-off and Delinquency Statistics — As of and for the month ended January 31, 2011

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Company has duly caused this Current Report on Form 8-K to be signed on its behalf by the undersigned hereunto duly authorized.

CAPITAL ONE FINANCIAL CORPORATION

By: /s/ Gary Perlin Gary L. Perlin Chief Financial Officer

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Dated: February 14, 2011

EXHIBIT INDEX

Capital One Financial Corporation Monthly Charge-off and Delinquency Statistics As of and for the month ended January 31, 2011 (Dollars in millions)

Domestic Card Metrics (1)		January 2011	
Net Principal Charge-Offs		301	
Average Loans Held for Investment		53,163	
Annualized Net Charge-Off Rate		6.79%	
30+ Day Delinquencies		2,110	
Period-end Loans Held for Investment		52,722	
30+ Day Delinquency Rate		4.00%	
International Card Metrics ⁽¹⁾			
Net Principal Charge-Offs		41	
Average Loans Held for Investment		8,596	
Annualized Net Charge-Off Rate		5.72%	
30+ Day Delinquencies		508	
Period-end Loans Held for Investment		8,867	
30+ Day Delinquency Rate		5.73%	
Auto Finance Metrics ⁽¹⁾			
Net Principal Charge-Offs		39	
Average Loans Held for Investment		17,926	
Annualized Net Charge-Off Rate		2.62%	
30+ Day Delinquencies		1,410	
Period-end Loans Held for Investment		17,936	
30+ Day Delinquency Rate		7.86%	

(1) Period-end Loans Held for Investment and Average Loans Held for Investment include accrued finance charges and fees, net of the estimated uncollectible amount. We recognize billed finance charges and fee income on open-ended loans in accordance with the contractual provisions of the credit arrangements and estimate the uncollectible amount on a quarterly basis. The estimated uncollectible amount of billed finance charges and fees is reflected as a reduction in revenue and is not included in our net charge-offs.