Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APF	PROVAL
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Santos Kleber					2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF										k all app Direc Office	tor er (give title		10% O	wner
(Last) 1680 CA	Last) (First) (Middle) 680 CAPITAL ONE DRIVE				3. Date of Earliest Transaction (Month/Day/Year) 03/05/2020										Pres.	, Retail &	. Dire	below) ect Bankir	ng
(Street) MCLEA (City)			2102 Zip)		4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi Line) X	Form	r Joint/Group Filing (Check Applicable filed by One Reporting Person filed by More than One Reporting on			
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	Benefic	ially	own	ed			
Date			Date	Date (Month/Day/Year) Execution if any		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)				5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) (D)	or Pric	е	Transa	action(s) 3 and 4)			
Common Stock ⁽¹⁾ 03/0				03/05/	:020		A		4,378	3 A		S <mark>O</mark>	26,682			D			
Common Stock 03/05/2				2020		F ⁽²⁾		2,115	D	\$8	35.08 2		24,567		D				
		Tal	ble II -								osed of, convertib				Owne	d			
Derivative Conversion Date Exercise (Month/Day/Year) if a		if any	emed ion Date, /Day/Year)			of Deriv	r osed) r. 3, 4			ite	Amount of Securities Underlying Derivative Security (Ins 3 and 4)		nt er		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Exercis	able	Date	Title	Shares						

Explanation of Responses:

- 1. These shares were earned pursuant to an award of performance shares granted on February 2, 2017 based on the Company's Adjusted ROA against a peer group of companies over a three-year performance period. These shares represent the number of shares paid out based on actual performance plus the dividend shares accrued under the same grant.
- 2. These shares were automatically withheld by the Company to satisfy the reporting person's tax obligation associated with the settlement of the performance shares. This share withholding was authorized in the performance share award agreement.

Remarks:

/s/ Cleo Belmonte (POA on

03/09/2020

file)

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.